

Spiritual How-to's -

How to Please the Lord -

Live in the Spirit #2 – Walking in the Spirit

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Intro- In these video lessons we share brief, bite-sized, Bible basics on how you can please the Lord.

Today's topic – Walking in the Spirit

I. Walk by the Spirit and you will not gratify the desires of the flesh. Gal. 5:16

A. **Jesus battled with the Word** as His weapon. Mat. 4:1-11

B. But before He spoke the word, **He was led by the Spirit**. Mat. 4:1

1. He was led to that encounter

2. And that was immediately after the Spirit was literally seen on Him as a dove.

Mat. 3:13-27

C. So, even **Jesus**, God's son was **full of the Spirit & led by the Spirit** as He used the Word to defeat the enemy.

D. Jesus battled the enemy in the same **3 arenas that we face**. I John 2:16; Eph. 2:3

1. the desires of the flesh – physical desires

2. desires of the eyes – things we see, creature comforts

3. pride of life – accomplishments, position, status

E. With each **"temptation"** He defeated it with the Word, thus obeying the law of the Spirit and choosing to walk in the Spirit.

1. turn these stones to bread – not live by bread alone – desires of flesh

2. pinnacle of temple – not test God – desires of eyes, creature comforts

3. kingdoms – worship God only – pride of life

F. **Adam and Eve** faced these 3 arenas too. Gen. 3:6

1. the woman saw it was good for food – fleshly desires

2. and a delight to the eyes – desires of the eyes

3. good for making one wise – pride of life

G. Without the Spirit's power in our life, those battles endlessly rage without victories

H. But if we walk in the Spirit, we won't gratify those desires. Gal. 5:16

1. Those fleshly desires and pride desire to have us, they oppose the Spirit

2. Like Cain, we must master them. Gen. 4:6-7

II. The Spirit at work in us will produce fruit, evidence in our life. This fruit reveals who we are. Gal. 5:22-23 ESV & TPT

A. These are low hanging fruit that are noticed by all **when we walk in the Spirit**.

1. Love in it's varied expressions

2. Joy that overflows

3. Peace that subdues
 4. Patience that endures
 5. Kindness in action
 6. Goodness – a life full of virtue
 7. Faithfulness – faith that prevails
 8. Gentleness of heart
 9. Self-control – strength of spirit
- B. IF we live by the Spirit, **we will walk in these-** the fruit of the Spirit. V. 25
1. These flow from us, from inside of us
 2. These show who we are

III. The Holy Spirit within us will do these things:

- A. Help us & BE the Spirit of truth Jn. 14:15-17
- B. Help us, be truth & teach you about Jesus Jn. 15:26
- C. Convict us of sin & righteousness & judgment, guide you into all truth, tell you about the future & glorify Jesus Jn. 16:7-24
- D. Give you power, empower you to be His witness Acts 1:8
- E. Study these verses to see HOW the Holy Spirit resides in you.
Acts 2:32-33, 38; 4:7-8; 5:32; 8:15-17; 10:44; 13:9, 52; 10:1; Gal. 5:16, 19, 22, 25; 6:8;
Rom. 8:4-11; Phil. 2:12-13
- F. **The Spirit is given to us as a down payment** of things to come, much like an engagement ring when we are saved. Eph. 1:13-14
- G. **The baptism of the Holy Spirit comes after salvation** with power and speaking in tongues. (see above verses)
- H. It is by the power of the **Spirit and the grace of God** that we walk power each day.
 1. **It teaches us to say ‘NO’** to ungodliness & worldly passions Titus 2:12
 2. **And to live** self-controlled, upright lives

IV. The works of the flesh are obvious. Gal. 5:16-25 ESV & TPT

- A. These are works or things that our **flesh** does or causes. **They are actions.**
 1. Sexual immorality
 2. Impurity – lustful thoughts
 3. Sensuality – pornography
 4. Idolatry – choosing things instead of God
 5. Sorcery – manipulating others
 6. Enmity – hating those who get in your way
 7. Strife – senseless arguments
 8. Jealousy – resentment when others are favored
 9. Fits of anger – temper tantrums
 10. Rivalries – angry quarrels

11. Dissensions – only thinking of yourself
12. Divisions – in love with your own opinions
13. Envy – envious of the blessings of others
14. Drunkenness – uncontrolled addictions
15. Orgies – wild parties

B. The promise is that **IF we walk in the Spirit, we WILL NOT gratify these fleshly desires.**

C. This is where we yield to the **Spirit and the Word to teach us & strengthen us** to follow the Spirit and produce the fruit of the Spirit.

D. Phil. 3:3 – we put **no confidence in the flesh**

V. So let us keep in step with the Spirit and not quench the Holy Spirit as it teaches us and makes us like Jesus. 1 Thes. 5:19; Gal. 5:25

A. We must **learn to crucify the flesh** with it's desires and pride. Gal. 2:20

B. We must **learn the Word, know how to use it** to overcome the enemy. 2Tim. 3:16; Heb. 4:12; Mat. 4:3; Jn. 6:35; 2 Tim. 2:16

C. We must listen to the Spirit & let Him teach us. Titus 2:12; Jn. 10:3

D. Then we will be able to discern what pleases Him. Eph. 5:10